



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BREAK CAMPS

CAMPS: Winter Holiday, Spring Break

Traditional Camp: For K-6th Graders

Campers can exercise mind and body at this well-rounded day camp with active, social and creative activities such as gym sports and group games, outdoor play, swimming, creative crafts, field trip and more!

For more information, please contact: Nick.Knauer@ymcadc.org

Aquatics Academy: For Ages 5-13 years

The quickest way to have kids learn how to swim, stay healthy and have fun! In addition to swim lessons, learning fun will be offered through STEM classes, gym sports and games, arts and crafts! To sharpen swimming skills and develop techniques, the participants will swim three times per day with two structured lessons and one recreational swim with water games, all supervised by certified instructors!

Aquatics is offering two registration options:

Junior Aquatics: Age Group 5-7 years old

Senior Aquatics: Age Group 8-13 years old

For more information, please contact:
Aleksandar.Milojkovic@ymcadc.org

BE CONFIDENT
BE SAFE
HAVE FUN

YMCA Fairfax County Reston
12196 Sunset Hills Road
Reston, VA 20190
Phone: 703-742-880

