



Senior Pro, Steve Martin

Steve's tennis career began in the early 80s as a junior player in the 4 Star Tennis Academy. He was ranked top #6 in the Mid Atlantic section throughout his junior tennis career. Next he went on to graduate from Hampton University on a full tennis scholarship. Steve also spent time as a hitting partner for Stacey Martin while she was on the pro tour. In 1991, Steve joined the 4 Star Tennis Academy as a USPTA full time tennis coach. He felt a deep desire to share his experience, enthusiasm, and knowledge in helping junior and adult tennis players take their game to the next level. Since 1991, Steve has trained numerous MATA ranked and nationally ranked junior tennis players who went on to receive tennis scholarships to college. He coaches many USTA teams using his passion and enthusiasm to make the game competitive and fun.



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Senior Pro, Mehdi Garma

Mehdi was born in Morocco, where he began playing tennis as a 6 year old. He competed in tournaments both regionally and nationally in his native country. Later, he also competed in tournaments in France, Switzerland and Spain. Mehdi joined 4 star in 2005 as a tennis professional. Mehdi has co-directed the junior Supernats program that helped develop junior tennis players from young tournament players to nationally ranked players. Mehdi has worked with multiple adult USTA teams in the region.





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Coach Debra Broadus

Debbly is certified by Professional Tennis Registry as a Professional Tennis Instructor. Debbly received her B.S. degree from Florida State University and her MBA from George Washington University. Debra has 20 plus years teaching tennis to players of all ages and levels in a rewarding and enjoyable experience where her coaching is serious but more importantly positive and fun. Debra teaches basis stroke development and techniques, conducts dead-ball and live ball drills, provides individual attention to serves, receiving serves and shifting maneuvers to improve teamwork and double strategies and how to apply these skills in a singles and doubles play. Debra is passionate about promoting and coordinating the member special Sunday doubles play and brings a sense of fun to the game and has a special ability to connect with people of all ages and ability levels.





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Coach Scott McIntosh

Scott has been teaching tennis for the YMCA since 2005. He attended Bishop O'Connell high school and played at Ohio University. He is certified by the Professional Tennis Registry for coaching Adult Development and children 10 & Under. He specializes coordinating and directing junior tennis programs and camps for the Y since 2013. And also enjoys teaching adult clinics and lessons since 2013.





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Coach Enrique Llerena

Enrique has been teaching tennis for 38 years, beginning back in his home country of Ecuador. Upon arriving to the U.S., Enrique was hired as staff professional in 1994 at the Herndon Community Center. He then coached at Regency Sport & Health Club and assisted in running the junior program for one year. He then worked as a coach for the Arlington Sport & Health, and soon after, promoted to head pro until 2010. He has been with the YMCA Arlington Tennis & Squash Center ever since. He has been certified under PTR for 26 years and regularly attends coaching workshops to share the best coaching practices with his clients.





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Coach Albert Bello

Abert has been certified by the PTR for decades and competed in various USTA sanctioned sectional tournaments between 1986-2010. Before the Y, Albert worked as a teaching pro at Annandale Sports & health, Crystal Gateway Sport & Health, Skyline Sports & Health, Regency, Belle Haven country club and, now the YMCA for 16 years. He is very passionate about sharing the lifetime sport to players of all ages.





Coach Fred Neal

Coach Fred J. Neal is a certified Tennis Professional. He has over 15 years of experience teaching tennis skills to adults and teens. He has served as the Tennis Pro at the Arlington YMCA for over 10 years. Coach Neal is certified as a Tennis Instructor by the Professional Tennis Registry. In addition, he has achieved certification as a Pro Status Coach trained in Modern Tennis Methodology. He is also a certified Personal Trainer who provides personalized exercise and fitness programs. Mr. Neal has coached 4 USTA tennis teams, as well as coached 2 undefeated YMCA tennis teams.

His certifications include:

- USTA QuickStart Tennis On-Court Training Certification
- MTM, Modern Tennis Methodology Pro Status Coach – Level 3
- PTR, Certified Professional Tennis Instructor – Professional Tennis Registry
- Fitness and Nutrition Certification – International Association of Fitness Professionals