



The YMCA supports youth development in your community. Build tomorrow with us.

### PRE-SCHOOL CHILDCARE

Children’s critical window of learning occurs between the ages of infant to 3 years. Our staff understands the importance of nurturing infants, toddlers and preschoolers during this important timeframe to cultivate learning and development.

### SCHOOL-AGE CHILDCARE

Through our before and after school care programs and our youth sports programs, the YMCA of Metropolitan Washington challenges children to explore new talents, build lasting friendships and participate in new adventures.

### SOCIAL EVENTS

The YMCA of Metropolitan Washington encourages community involvement through volunteerism and the participation in social activities and events. The monthly social events hosted by the Before and After School program encourages parental involvement promoting an extension of the home at the Y. Some of our annual events include the Halloween Party, Breakfast with Santa, Healthy Kids Day, Family Picnics, and Chili Cook-offs.



### CAMPS

Camps provide fun and exploration, the fine tuning of fundamental skills, the development of leadership talents, and the opportunity to learn new hobbies or have new adventures. The Y camps target age ranges from 3-14 and provide a diverse choice of opportunities for our young members.



#### Examples

- Summer Camps and School Break Camps
- Aquatics Camps
- Outdoor Camps
- Specialty Camps
- Traditional Camps at the YMCA

### YOUR WORKPLACE WELLNESS PROGRAM CAN INCLUDE SUPPORTING THE Y’S YOUTH DEVELOPMENT EFFORTS BY PROVIDING:

- **New Sites:** providing the Y with new Childcare locations (either at your workplace or within your sphere) helps the Y to bring needed Childcare service to your employee’s and others within your community.
- **Financial Support:** fundraising or sponsoring any of the above YMCA youth development programs can help a child (and family) in need.
- **Human Capital:** volunteering your time or talents can make our youth development programs even more extraordinary.
- **In-Kind Donations:** your resources can be a valued asset in support of these life-changing programs.