

For Immediate Release

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The YMCA of Metro Washington Elects Nationally-Respected Lawyer and Community Leader as Board Chair

Washington, D.C., May 30, 2012 – This month, the YMCA of Metropolitan Washington announced the election of Roderic L. Woodson as Chair of the nonprofit’s Board of Directors. Woodson, a well-known community advocate who is respected nationwide as one of the best lawyers in America, will provide leadership to the 14-member board, which sets the strategic direction and policies for 17 YMCA branches that uphold youth development, healthy living and social responsibility throughout the region. As a member of the Y’s Board since 2006, he succeeds Michael Repass from the Internal Revenue Service, and will serve a two-year term.

Woodson has been practicing law in Washington, DC since 1979, and has spent the last 13 years at Holland & Knight LLP, where he oversees regulatory proceedings and legislative representation affecting commercial business interests. He has served on numerous nonprofit boards and advisory committees, including the Greater Washington Board of Trade, United Bank, DC Applesseed Center for Law and Justice, Providence Hospital, DC Public Schools, and numerous committees within the DC government. Woodson has also been a member of Leadership Greater Washington since 2004.

Woodson has developed a national reputation as a thought leader on topics such as governance, regulatory law, political action and ethics. Among his many honors, he was named in the 2007 edition of *“The Best Lawyers in America”* and the 2010 edition of *“Washington DC’s Best Lawyers”* for Municipal Law. He has also received much recognition from his alma mater, Howard University, and the District of Columbia Bar Association.

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About the Y

The Y is one of the nation’s leading nonprofits strengthening communities through youth development, healthy living and social responsibility. We have been engaging men, women and children in the metropolitan Washington region for 160 years – regardless of age, income or background. Anchored in Washington, DC, suburban Maryland, and northern Virginia, the YMCA of Metropolitan Washington creates a positive difference in the lives of more than 200,000 people each year through its 17 branches and program centers. We have the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. For more information, visit www.ymcadc.org or follow us at www.facebook.com/ymcadc.