

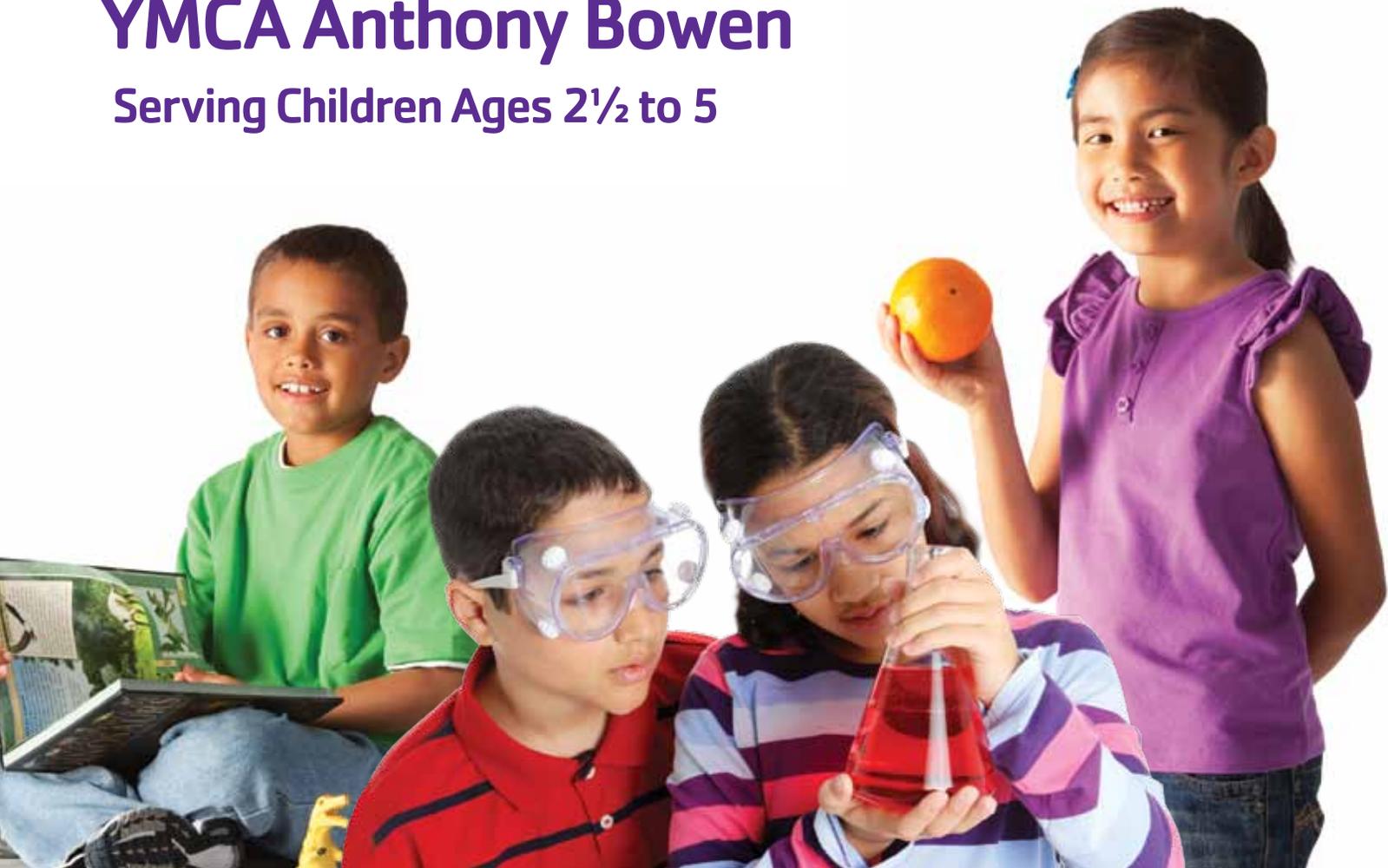


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE INSPIRATION FOR CHILDREN BEGINS

The Future Leaders Youth Academy
YMCA Anthony Bowen

Serving Children Ages 2½ to 5



CONNECTING THE Y'S 3 PILLARS: YOUTH DEVELOPMENT, HEALTHY LIVING AND SOCIAL RESPONSIBILITY

The Future Leaders Youth Academy, located within the state-of-the-art walls of the YMCA Anthony Bowen boasts historically relevant and culturally rich year-round private preschool and pre-kindergarten programs for children ages 2½ to 5.

Our academic program is designed to better stimulate literacy, intellectual development, as well as social and emotional growth.

Through High Reach Learning's balanced, innovative, and interest-driven curriculum, children in The Academy benefit from hands-on experiences and materials. Additionally, our students will develop essential readiness skills through exploration, investigation, and of course, fun! Covering all learning domains, our learning objectives address a wide range of development and skills.

The Future Leaders Youth Academy seeks to guide its students toward autonomy by connecting experiential learning—both in and

out of the classroom—to the Y's 3 pillars: **Youth Development, Healthy Living, and Social Responsibility**. For example, through our standards-based curriculum, augmented by STEM activities, students will thrive in an environment that teaches them about themselves and the world around them—all at a manageable pace.

The Future Leaders Youth Academy relies on current research such as America's Promise, which supports the notion that students can experience early and continued success throughout their lives with the provision of fundamental resources: caring adults, safe places, a healthy start; effective education, and opportunities to help others.

Further, with our demonstration kitchen, garden wall, and Farm-to-Table initiatives, your child will gain firsthand knowledge of and practice for not just healthful eating, but also serving the needs of others—collectively learning ways to give back to their community.

DEAR PARENTS,



With so many demands on today's families and the increased focus on early brain development, families need all the support they can get to nurture the potential of youth. At the new YMCA Anthony Bowen, we are proud to introduce **The Future Leaders Youth Academy**, an enriching new preschool model that will inspire your child's passion for lifelong learning. The Academy is a leadership and academic enrichment program in which students will learn how they can make a sincere contribution to making the world a better place. At the YMCA, we believe that every child has great potential, and we work closely with them each day to help them bring personal and educational goals to fruition.

Research indicates that skills learned early on are vital building blocks for the future. Make sure your child has the best possible future!

Angie L. Reese-Hawkins

Angie L. Reese-Hawkins
President and CEO
YMCA of Metropolitan Washington

YOUTH DEVELOPMENT

At the Y, we believe all children have potential and deserve opportunities for discovery, expression, and growth. The Academy works to accomplish this in the following ways:



- Integrating Play and Learning
- Linking Learning to Understanding the World in Which We Live
- STEM Appreciation (Science, Technology, Engineering, Math)
- Literacy, Intellectual Social/Emotional Development
- Exploratory, Symbolic, and Functional Learning



As supported by best practices, our students will benefit from several types of fun, interactive activities: PHD (Physical, Healthy, and Driven), Healthy Kids Day, and Thingamajig Invention Convention are among these, and link our youth to the Y's mission and core values.



HEALTHY LIVING



We believe that well-being is best cultivated by providing supportive relationships and environments.

More than physical activity and healthy eating, The Academy's Healthy Living component involves holistic approaches to well-being, which significantly enhance not only children's growing lives, but also the lives of their families and communities.



- Nutrition Awareness
- Developing Healthy Snack and Meal Choices
- Locally Sourced Produce (Farm-to-Table Learning Projects)
- Demo Kitchen Cooking Projects



SOCIAL RESPONSIBILITY

At the Y, we believe that we have a duty to help where help is needed by teaching children to give back and support their community. This behavior is modeled at The Academy through:

- Collaborative Learning Opportunities
- Development of Conscience
- Compassion, Sympathy and Empathy
- Civic Responsibility
- Community Service and Service Learning Projects
- Collaboration with Local Partners
- Rules and Limit Setting

The YMCA of Metropolitan Washington is an inclusive organization and defines inclusion as the deliberate and conscientious effort to be knowledgeable about differences, supportive of others, and active in changing structures that are oppressive to various groups, with the understanding that everyone brings valuable skills and abilities to the YMCA. Inclusion is the day-to-day living of the “for all” part of our YMCA mission statement.



Sign up for The Future Leaders Youth Academy.

Download the Academy Application at www.ymcadc.org or call 1.800.473.9622 for more information.

Space is limited!



YMCA OF METROPOLITAN WASHINGTON

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Check out www.ymcadc.org
for more information.

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The YMCA of Metropolitan Washington fosters the spiritual, mental, and physical development of individuals, families, and communities according to the ideals of inclusiveness, equality, and mutual respect for all.

