



Fall II Schedule, October,01 – October,15

YMCA ARLINGTON POOL & SWIM CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM	Closed	OPEN SWIM	Closed	Closed	Closed		
9:00AM	Closed	OPEN SWIM	Closed	Closed	Closed	OPEN SWIM	OPEN SWIM
9:30AM	Closed	OPEN SWIM	Closed	Closed	Closed	SKIP/PRE-PIKE	OPEN SWIM
10:00AM	Closed	OPEN SWIM	Closed	Closed	Closed	PIKE	OPEN SWIM
10:30AM	Closed	OPEN SWIM	Closed	Closed	Closed	EEL	OPEN SWIM
11:00AM	Closed	Closed	Closed	Closed	Closed	POLLIWOG/GUPPY	OPEN SWIM
11:30 AM	Closed	Closed	Closed	Closed	Closed	OPEN SWIM	Aqua Aerobic Last class Oct, 08
12-12:45PM	Closed	Closed	Closed	Closed	Closed	OPEN SWIM	OPEN SWIM
12:45-1:30PM	Closed	Closed	Closed	Closed	Closed	OPEN SWIM	OPEN SWIM
1:30-3:00PM	Closed	Closed	Closed	Closed	Closed	OPEN SWIM	OPEN SWIM
3:00PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM
4:00PM	OPEN SWIM	PIKE/EEL	OPEN SWIM	PIKE/EEL	OPEN SWIM	OPEN SWIM	OPEN SWIM
4:30PM	OPEN SWIM	RAY/STARFISH	OPEN SWIM	RAY/STARFISH	OPEN SWIM	OPEN SWIM	OPEN SWIM
5:00PM	OPEN SWIM	POLLIWOG	OPEN SWIM	POLLIWOG	OPEN SWIM		
5:45PM	OPEN SWIM	GUPPY/MINNOW	OPEN SWIM	GUPPY/MINNOW	OPEN SWIM		
6:30 – 7:30 PM	OPEN SWIM	Adult I&II	OPEN SWIM	Adult I &II Aqua ZUMBA NO LAP LANE	OPEN SWIM		
7:30PM-8:00PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		

HOURS

Tuesday: 8am –11am
Monday - Friday: 3pm - 8pm
Saturday & Sunday: 9am - 5pm

- To ensure the safety of our members, the pool may close due to weather conditions or chemical imbalances in the pool.
- At least one lane will be available for lap swimming during all classes, times labeled 'Open Swim' means the entire pool is open to our members.
- Fridays are reserved for make-up swim lessons. Please call ahead to ensure availability of OPEN SWIM
- To ensure the safety of our members, the pool may close due the either conditions or chemical imbalance in the pool.