



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# **YMCA AYRLAWN PROGRAM CENTER**

## **FALL 1 2017 PROGRAM OVERVIEW**

**September 5<sup>th</sup>, 2017  
to  
October 29<sup>th</sup>, 2017**

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## Youth Dance Programs

### Preschool Dance

Getting your Preschool student involved in dance at this early age is a playful activity that helps build other important skills. In addition to refining motor skills, kids will also learn to let loose, gain confidence, socialize and follow directions.

#### Two Year-Old Ballet (age 2)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-01	Wednesday	10:15 AM – 10:45 AM	\$85	\$100	Ballet Studio
01702-02	Friday	10:15 AM – 10:45 AM	\$85	\$100	Ballet Studio

#### Creative Movement (age 2-3)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-27	Tuesday	10:00 AM – 10:30 AM	\$85	\$100	Mini Gym

#### Bitty Ballet (age 3)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-41	<b>Monday*</b>	3:00 PM – 3:30 PM	\$85	\$100	Ballet Studio
01702-42	Wednesday	3:00 PM – 3:30 PM	\$95	\$110	Ballet Studio
01702-44	Friday	3:00 PM – 3:30 PM	\$95	\$110	Ballet Studio

#### Mini Ballet (age 4-5)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-45	<b>Monday*</b>	3:45 PM – 4:30 PM	\$95	\$110	Ballet Studio
01702-46	Wednesday	3:45 PM – 4:30 PM	\$110	\$130	Ballet Studio

#### Mini Hip Hop (age 4-5)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-29	Tuesday	12:30 PM – 1:15 PM	\$110	\$130	Mini Gym

#### Ballet/Gymnastics Combo (age 4-5)

Not sure if your child would like dance or gymnastics? Try both in our combo class! Participants will do 30 minutes of Ballet and 30 minutes of Gymnastics, getting the best of both!

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01701-20	Tuesday	11:00 AM – 12:00 PM	\$135	\$150	Mini Gym

## School Age Dance

### Tap

The focus of each tap class is to improve the student's sound clarity, rhythm and musicality, timing and phrasing. Classes are structured in the traditional tap format; warm-up exercises, technique and progressive movements, combination or dance routine.

#### Beginner Tap (ages 6-14)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-20	Saturday	9:45 AM- 10:30 AM	\$70/month	\$90/month	Ballet Studio

#### Intermediate Tap (ages 9-14)

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-21	Saturday	10:30 AM- 11:30 AM	\$90/month	\$115/month	Ballet Studio

### Pointe

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-93	Friday	8:15 PM- 9:00 PM	\$95/month	\$125/month	Ballet Studio

### Progressing Ballet Technique

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01702-94	Tuesday	8:00 PM- 8:45 PM	\$90/month	\$115/month	Ballet Studio

## Royal Academy of Dance

For levels Pre-Primary through Grade six, we provide the Royal Academy of Dance curriculum for students who desire a quality dance education. The levels are carefully designed for young growing children who are beginning dance. Grades one through eight also incorporate Character dance, a stylized dance based on east European folk dance, into their ballet studies. Character is an integral part of classical ballet repertoire. Royal Academy of Dance examinations are held annually each spring. Students advance to the next grade upon approval of their instructor or completion of their exam. For more information, please contact Keisha Thompson at (301)530-8500 or [keisha.thompson@ymcadc.org](mailto:keisha.thompson@ymcadc.org).

Level	Code	Day	Time	Full Member Cost	Program Member Cost	Instructor
Pre RAD	01702-08	Friday	3:45 PM – 4:30 PM	\$70/month	\$90/month	Kate
Primary	01702-07	Tues/Thurs	3:45 PM – 4:30 PM	\$125/month	\$140/month	Kate
Grade 1	01702-09	Tues/Thurs	4:30 PM – 5:15 PM	\$125/month	\$140/month	Kate
Grade 2	01702-11	Friday Saturday	4:30 PM – 5:45 PM 3:00 PM – 4:15 PM	\$140/month	\$155/month	Kate
Grade 3	01702-12	Mon/Wed	4:30 PM – 5:45 PM	\$140/month	\$155/month	Kate
Grade 4	01702-13	Mon/Fri	5:45 PM – 7:00 PM	\$155/month	\$175/month	Kate
Grade 5	01702-48	Wed Fri	5:45 PM – 7:00 PM 7:00 PM – 8:15 PM	\$155/month	\$175/month	Kate
Inter. Found.	01702-74	Tue/Thurs	5:30 PM – 6:45PM	\$190/month	\$210/month	Kate
Intermediate (Exam Class)	01702-73	Tue/Thurs	6:45 PM -8:00 PM	\$190/month	\$210/month	Kate
Inter. (Non-Exam Class)	01702-70	Mon/Wed	7:00 PM -8:30 PM	\$175/month	\$200/month	Kate
Jr. Company	01702-72	Saturday	1:30 PM-3:00 PM	RAD- \$100/month Non RAD \$175/month	RAD- \$125 Non RAD \$225	Kate/A'nné, Marissa
Sr. Company	01702-71	Saturday	11:30 AM-2:00 PM	RAD- \$145/month Non RAD \$200/month	RAD- \$160 Non RAD \$200	Kate/A'nné, Marissa

## Adult Dance Programs

### Adult Ballet (ages 18 and up)

Adult (18+ years) aimed at all levels of experience, whether it be beginner, adults who danced as children and wish to continue development as an adult, or more advanced. The foundations of classical ballet will be revisited with barre work leading into center work. The purpose of the class will be to work on core, proper alignment and understanding of positions.

Code	Day	Time	Full Member Cost	Program Member Cost	Location
01701-16	Thursday	8:00 PM- 9:00 PM	\$135	\$155	Ballet Studio