

YMCA SILVER SPRING

FALL II INDOOR POOL SCHEDULE



Key	
S/L	Swim Lessons
SWA	Shallow Water Aerobics
DWA	Deep Water Aerobics
DWR	Deep Water Run

Questions?
 Please Contact
 Philip Rector @
 301-585-2120 xt. 2518 or
philip.rector@ymcadc.org

YMCA Silver Spring
 9800 Hastings Dr.
 Silver Spring, MD 20901
 T: 301-585-2120

Updates:
ymcadc.org/branch.cfm?bid=14
[facebook.com/YMCASilverSpring](https://www.facebook.com/YMCASilverSpring)

Whenever possible email updates will be sent out. To get on this list please leave your email with the pool manager, front desk, or send an email to Philip.rector@ymcadc.org

Pool Hours	Friday						Pool Hours	Saturday						Sunday						Pool Hours
	6	5	4	3	2	1		6	5	4	3	2	1	6	5	4	3	2	1	
5:00 AM	L	L	L	L	L	R	5:00 AM	CLOSED						CLOSED						5:00 AM
6:00 AM	A	A	A	A	A	E	6:00 AM	L	L	L	L	L	R	L	L	L	L	L	R	6:00 AM
6:30 AM	P	P	P	P	P	C	6:30 AM	A	A	A	A	A	E	A	A	A	A	A	E	6:30 AM
7:00 AM							7:00 AM	P	P	P	P	P	C	P	P	P	P	P	C	7:00 AM
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Pool Closes at 9:45

Pool Closes At 7:45

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FALL II OUTDOOR POOL SCHEDULE



Pool Hours	Monday						Tuesday						Pool Hours	Wednesday						Thursday						Pool Hours
	6	5	4	3	2	1	6	5	4	3	2	1		6	5	4	3	2	1	6	5	4	3	2	1	
6:00 AM	R	L	L	L	L	L	R	L	L	L	L	L	6:00 AM	R	L	L	L	L	L	R	L	L	L	L	L	6:00 AM
6:30 AM	E	A	A	A	A	A	E	A	A	A	A	A	6:30 AM	E	A	A	A	A	A	E	A	A	A	A	A	6:30 AM
7:00 AM	C	P	P	P	P	P	C	P	P	P	P	P	7:00 AM	C	P	P	P	P	P	C	P	P	P	P	P	7:00 AM
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4:00 PM	E	E	A	A	A	A	E	E	A	A	A	A	4:00 PM	E	E	A	A	A	A	E	E	A	A	A	A	4:00 PM
4:30 PM	C	C	P	P	P	P	C	C	P	P	P	P	4:30 PM	C	C	P	P	P	P	C	C	P	P	P	P	4:30 PM
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Pool Closes at 8:00 PM

Pool Closes at 8:00 PM

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When the air temperature is above freezing (33° and above) the pool will be open assuming the wind-chill is above 25°.

Temperature is monitored on-site as well as www.WeatherBug.com, set to Montgomery Blair HS. (whichever method registers higher will be used)

Whenever possible email updates will be sent out. To get on this list please leave your email with the pool manager, front desk, or send an email to Philip.rector@ymcadc.org

Pool Hours	Friday						Pool Hours	Saturday						Sunday						Pool Hours
	6	5	4	3	2	1		6	5	4	3	2	1	6	5	4	3	2	1	
6:00 AM	R	L	L	L	L	L	6:00 AM	Pool Opens @ 7:00 AM												6:00 AM
6:30 AM	E	A	A	A	A	A	6:30 AM	Pool Opens @ 7:00 AM												6:30 AM
7:00 AM	C	P	P	P	P	P	7:00 AM	R	L	L	L	L	L	R	L	L	L	L	L	7:00 AM
7:30 AM							7:30 AM	E	A	A	A	A	A	E	A	A	A	A	A	7:30 AM
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Pool Closes at 8:00pm

Pool Closes At 6:00pm